

Waterman Village Players Presents A Readers Theatre

The Cemetery Club



Ivan *Menchell's* story of love and loss were portrayed by this well-rehearsed animated cast of characters of *Waterman Village Players* and directed by *Mimi B.*

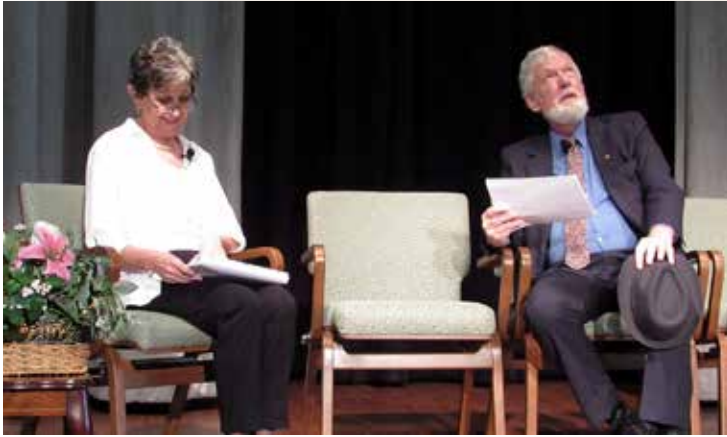
Both funny and touching, this story of three widows who meet once a month for tea before going to visit their husbands' graves, brought the audience to a wild mix of laughter and tears.

When a widowed butcher comes into their lives and begins to alter their routine, the gloves are off for Lucille, the blatant flirtatious floozy! Personalities are played big from Ida's sensitive, down-to-earth and aloof attitude, to the moral sense and judgmental but moody Doris! Sam, bringing another unknowing female, Mildred, into this charismatic concoction; isn't without another set of problems!

We want to extend our appreciation and great thanks to Mimi for another evening of well-directed entertainment!



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Fred Moyer Captures the Audience

Fred has been a concert pianist for the past 35 years and has travel to 44 different countries. He is a great talent as a classical pianist, but also has the unique ability to blend technology and music.

Fred owns the patent to the **MoyerCam**, which projects to the entire audience a view of the pianist's hands. He was able to blend his (live) music with that of a pre-recorded musician in Africa, and with the help of the MoyerCam it felt like both men were playing together in the same room. He generously shared his knowledge of musical history. What a great musical experience!



Dysphagia: When Eating and Drinking Go Wrong

Myriam Bellande SLP, Outpatient Services and **Heather McClendin RN, Home Health** gave us an excellent overview of the anatomy of swallowing and outlined several of the symptoms that would require an evaluation for possible swallowing problems. These can be serious when they lead to aspiration pneumonia, and chronic lung disease. Depending on the cause, it may be possible to treat some forms of dysphagia.

If you are interested in more information please call **352.383.0051** regarding **Waterman Village Outpatient Services x 303** or **Waterman Village Home Care x 231**



Gregg Collier Financial Solutions

Gregg stepped up as our informative guest speaker at the Coffee Social, bringing to light that election years seem to have a pattern of affects on the economy and stock market.

It was an impromptu discussion, however, he managed to pique our curiosity and residents participated with many questions.



Volunteering and Traveling in Peru

Recently **Mark Bierbaum** (son of residents **Gene & Agnes**) shared his family's unique, three week travel experience, as 'Global Volunteers' in Peru.

The family taught English, assisted with food preparation, day care, building classrooms and clinics; and helped the children in some of the poorest slums.

During free time they toured Machu Picchu, 7000 feet above sea level. It was built around 1450 A.D. and it contains hundreds of flights of stairs that were built into the Andes Mountains, before wheels and modern equipment. It is considered one of the "7 Wonders of the World".

Experiencing the traditional foods and customs of the community as volunteers not tourists, making friends and gaining insights into the Indigenous people, left a lasting impression.

Thank you Mark for sharing your amazing photos and memories!



Something Fresh from the Culinary Realm New Menu Tasting...

Gave everyone a
"Supreme Epicurean Delight"!



Indulgent samplings of a few items now available. A weekly rotating of saucy new soups to include one of *my new picks*, Carrot Ginger. A flashback of an old fashioned favorite comfort food is turkey pot-pie along with a new trendy Avocado Guacamole station and home baked pita chips to tantalize your palate! Oh yeah, you may just want to grab your dessert first so you don't miss out on that decadent Chunky Monkey Brownie! (while they last) *Ha!*

Waterman Village

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Musical Minds Choir Is a Big Hit! Expanding Space and Time

We can't thank Vitas enough for sponsoring this great program. The energy at the **Musical Minds Choir** program here on campus is incredible! A room not only filled with music and nostalgia directed by **Scott Kinkead, Musical Minds Choir Director with CFCArts**, but great trivia (and prizes) with **Christopher Shepherd, Vitas Healthcare**. This dynamic duo keep everything lively and it is a blessing to see hearts and minds come alive!

If you haven't tried the program with your loved one, we urge you to give it a try. If you would like to join rehearsals, they take place on most Thursdays from 10:00 – 11:00 a.m. in the *Garden Of Life Fellowship Hall*.

<https://cfcarts.com/arts-and-wellness/> <https://www.vitas.com/>

For more information regarding this program and our Waterman Village, Brain Wellness Academy for Seniors please contact Coleen Connolly at 352.383.0051 x 313

