## **Caring for the Caregiver**



VITAS® Healthcare is offering a caregiver support group. We will focus on caregiver's stress, community resources and tips & tactics for caregiving. The group will be one part education and one part therapeutic. Members can share their struggles, triumphs and resources with one another.

Please extend this invitation to other family members or grieving friends who may be interested. There is no cost, but space is limited, so please call early to register.

Wednesday, April 17, 2024 11:00 AM - 12:00 PM

Waterman Village The Lodge Card Room 445 Waterman Ave Mount Dora, FL 32757

## **RSVP** to Molly Cardinal

at 352-800-5123

This group will meet on the first and third Wednesday of each month for a total of 7 sessions.

Session dates: 4/17, 5/1, 5/15, 6/5, 6/19, 7/3, and 7/17



