

Why Choose Outpatient Therapy at Waterman Village?

- ✓ One-on-one treatment sessions guaranteed
- ✓ Treatment provided in a quiet environment
- ✓ Continual re-assessment and adjustment to meet goals
- ✓ Each session customized to meet patient's goals
- ✓ Physical, Occupational and Speech Therapists on staff Monday through Friday (weekends available by request)
- ✓ Medicare and most insurance accepted



Waterman Village

OUTPATIENT THERAPY

130 Waterman Avenue, Suite B
Mount Dora, FL 32757
Phone: (352) 383-0051 ext. 303
Fax: (352) 385-9995
watermanvillage.com/outpatient-therapy

Monday through Friday
8 a.m. - 5 p.m.

The Outpatient Therapy Clinic is located before the guard house on the left when entering the Waterman Village campus.

WatermanVillage.com

Serving Central Florida

Waterman Village

OUTPATIENT THERAPY



Getting You Back In The Swing of Things

Helping you improve your mobility, strength, balance, activity tolerance and speech to help you live your best life.

Get Back to Life

Physical Therapy

Physical Therapy addresses problems such as range of motion, flexibility, endurance, balance and gait, strength and more. Our therapists can help you maximize your quality of life through a hands-on, one-on-one treatment plan catered to your specific needs. Our goal is to prevent or control the progression of certain conditions, and we are committed to promoting wellness and achieving long-term results.

Occupational Therapy

Occupational Therapy can help you gain (or regain) the skills you need for everyday activities. Various medical conditions can decrease your independence and make daily tasks – such as dressing, feeding or even using your kitchen – more difficult. Occupational Therapy can help alleviate pain, increase strength/endurance, minimize fall risk, educate on use of adaptive equipment and teach strategies to promote independence.

Speech Therapy

Speech and Language Therapy treats a variety of communication and swallowing disorders. Therapists work with individuals diagnosed with stroke, brain injury, and progressive neurological disorders including Parkinson's disease, dementia and multiple sclerosis. Speech Therapy can help patients with speaking, reorganizing and expressing thoughts and ideas, memory, orientation, problem-solving, and regaining swallowing function.

Waterman Village Outpatient Therapy Services

The therapy team at Waterman Village is ready to provide comprehensive therapy services including:

- Neurological therapy
- Lymphedema
- Cardiac rehabilitation
- Stroke rehabilitation
- Vestibular and balance rehabilitation
- Treatment for orthopedic conditions, including sports medicine and injuries
- Lee Silverman BIG Parkinson's Training – (LSVT certified therapists)
- Pain management
- Pelvic rehabilitation and treatment for urinary incontinence
- Low vision
- Contracture management
- Hand therapy and fine motor skills
- Cognition (memory and problem solving)
- Swallowing problems
- Speaking and voice improvement

Our therapists are extensively trained and hold a variety of certifications including geriatrics, myofascial therapy, lymphedema, strength training, scar tissue release, aquatic therapy and more!



For More Information

We look forward to assisting you or your loved one. For more information about Outpatient Therapy at Waterman Village or to schedule a FREE SCREENING, please contact us today!

Waterman Village
OUTPATIENT THERAPY

(352) 383-0051, ext. 303

Or ask your doctor to fax an order for Physical Therapy, Occupational Therapy or Speech Therapy to (352) 385-9995.

You DO have a choice!
Let your healthcare provider or hospital case worker know that you prefer Waterman Village Outpatient Therapy.