

DINING ROOM MENU

BREAKFAST - 7:00 A.M. - 9:30 A.M.

LUNCH - 11:30 A.M. - 1:00 P.M.

DINNER - 4:30 P.M. - 6:00 P.M.

SPRINGWATER 2024

WEEK 5

March 17th - 23rd

SUNDAY HAPPY ST. PATTY DAY LUNCH

SPRING VEGETABLE SOUP / POTATO LEEK
TOSSED SALAD / GINGERALE GELATIN SALAD
TURKEY ON CROISSANT
SEAFOOD NEWBURG WITH SHRIMP & FISH
BOILED POTATOES / MASHED SWEET POTATO
GREEN CABBAGE / DICED CARROTS
GARLIC BREAD / ASSORTED DINNER ROLL
ICE CREAM / FRUIT COCKTAIL
NSA: ICE CREAM / FRUIT COCKTAIL



SUNDAY HAPPY ST. PATTY DAY DINNER

SPRING VEGETABLE SOUP / POTATO LEEK
TOSSED SALAD / GINGERALE GELATIN SALAD
CORNEBEEF
OVEN ROASTED CHICKEN
BOILED POTATOES / MASHED SWEET POTATO
GREEN CABBAGE / DICED CARROTS
GARLIC BREAD / ASSORTED DINNER ROLL
PUMPKIN CRISP / GRASSHOPPER PIE
NSA: PUMPKIN MOUSSE / DIET BROWNIE

MONDAY LUNCH

SPRING VEGETABLE SOUP / CHICKEN TORTILLA SOUP
TOSSED SALAD / PEAR & LIME GELATIN
SOFT TACO
TUNA SALAD SANDWICH ON WHITE
FIESTA RICE / SOFRITO BLACK BEANS
AZTEC MIXED VEGETABLES / GREEN BEANS
CHOCOLATE CHIP MUFFINS / ASSORTED ROLLS
CHERRY COBBLER
NSA: CHERRY PIE / MANDARIN ORANGES

MONDAY DINNER

SPRING VEGETABLE SOUP / CHICKEN TORTILLA SOUP
TOSSED SALAD / PEAR & LIME GELATIN
FRIED SHRIMP
FAJITA CHICKEN WITH PEPPERS
FIESTA RICE / SOFRITO BLACK BEANS
AZTEC MIXED VEGETABLES / GREEN BEANS
CHOCOLATE CHIP MUFFINS / ASSORTED ROLLS
CHOCOLATE CHIP COOKIE
NSA: CHOCOLATE CHIP COOKIE / MANDARIN ORANGES

TUESDAY LUNCH

SPRING VEGETABLE SOUP / MEDITERRANEAN VEGETABLE
TOSSED SALAD / CARROT RAISIN SALAD
EGGPLANT PARMESAN
PIMIENTO CHEESE SANDWICH ON WHEAT
GNOCCHI / GARLIC WHIPPED FRESH POTATOES
LEMON-SCENTED BROCCOLI / CORN ON THE COB
BREADSTICKS / ASSORTED DINNER ROLLS
CHOCOLATE CREAM PIE
NSA: DIET CHOCOLATE CREAM PIE / DICED PEARS

TUESDAY DINNER

SPRING VEGETABLE SOUP / MEDITERRANEAN VEGETABLE
TOSSED SALAD / CARROT RAISIN SALAD
FARMER'S MEATLOAF
HERB BAKED SALMON
GNOCCHI / GARLIC WHIPPED FRESH POTATOES
LEMON-SCENTED BROCCOLI / CORN ON THE COB
BREADSTICKS / ASSORTED DINNER ROLLS
VANILLA ICE CREAM
NSA: DIET VANILLA ICE CREAM / DICED PEARS

WEDNESDAY LUNCH

SPRING VEGETABLE SOUP / CORN CHOWDER
TOSSED SALAD / BEET, CUCUMBER, & ONION SALAD
SEAFOOD NEWBURG
TURKEY SALAD ON CROISSANT
MAC & CHEESE / STEAMED WHITE RICE
GREEN BEANS / HARVARD BEETS
BUTTERMILK BISCUITS / ASSORTED DINNER ROLL
CHOCOLATE MINT CREAM PIE
NSA: SPONGE CAKE / APPLESAUCE

WEDNESDAY DINNER

SPRING VEGETABLE SOUP / CORN CHOWDER
TOSSED SALAD / BEET, CUCUMBER, & ONION SALAD
BRAISED POT ROAST
FRIED CHICKEN
MAC & CHEESE / STEAMED WHITE RICE
GREEN BEANS / HARVARD BEETS
BUTTERMILK BISCUITS / ASSORTED DINNER ROLL
BUTTERSCOTCH PUDDING
NSA: DIET BUTTERSCOTCH PUDDING / APPLESAUCE

THURSDAY LUNCH

SPRING VEGETABLE SOUP / CREAM OF BROCCOLI SOUP
TOSSED SALAD / APPLE FENNEL SLAW
BAKED COD W/BUTTER CRUMB TOPPING
HAM SALAD SANDWICH ON WHITE BREAD
WHIPPED POTATOES / BAKED SWEET POTATO
HERB BAKED TOMATOES / CAULIFLOWER W/ CHEESE
PUMPERNICKEL BREAD
COCONUT CAKE
NSA: DIET YELLOW CAKE / DICED MANGO

THURSDAY DINNER

SPRING VEGETABLE SOUP / CREAM OF BROCCOLI SOUP
TOSSED SALAD / APPLE FENNEL SLAW
ROAST TURKEY WITH GRAVY / SAGE DRESSING
BEEF LIVER WITH ONIONS
WHIPPED POTATOES / BAKED SWEET POTATO
HERB BAKED TOMATOES / CAULIFLOWER W/ CHEESE
PUMPERNICKEL BREAD
BANANA PUDDING
NSA: DIET BANANA PUDDING / DICED MANGO

FRIDAY LUNCH

SPRING VEGETABLE / SMOKEY NAVY BEAN
TOSSED SALAD / MACARONI SALAD
STUFFED CABBAGE ROLL
EGG SALAD SANDWICH ON WHITE BREAD
WHIPPED FRESH POTATOES / STEAMED BROWN RICE
BASIL RATATOUILLE / ROASTED YELLOW SQUASH
CORNBREAD / ASSORTED DINNER ROLL
BANANA CHOCOLATE CHIP LOAF
NSA: ANGEL FOOD CAKE / PEACH SLICES

FRIDAY DINNER

SPRING VEGETABLE / SMOKEY NAVY BEAN
TOSSED SALAD / MACARONI SALAD
CITRUS CRUSTED TILAPIA
CHICKEN BREASTS CORDON BLEU
BAKED POTATO / STEAMED BROWN RICE
BASIL RATATOUILLE / ROASTED YELLOW SQUASH
CORNBREAD / ASSORTED DINNER ROLL
VANILLA ICE CREAM
NSA: DIET VANILLA ICE CREAM / PEACH SLICES

SATURDAY LUNCH

SPRING VEGETABLE SOUP / SWEET POTATO & PUMPKIN
TOSSED SALAD / PASTA PRIMAVERA SALAD
BBQ PULLED SMOKED PORK
GRILLED HOT DOG
PARSLEY BOILED POTATOES / BAKED BEANS
TERIYAKI CARROTS / CREAMED SPINACH & CORN
SOUTHERN-STYLE BISCUIT / ASSORTED DINNER ROLLS
APPLE PIE
NSA: APPLE PIE / MANDARIN ORANGES

SATURDAY DINNER

SPRING VEGETABLE SOUP / SWEET POTATO & PUMPKIN
TOSSED SALAD / PASTA PRIMAVERA SALAD
CHICKEN POT PIE
VEAL SCHNITZEL
PARSLEY BOILED POTATOES / BAKED BEANS
TERIYAKI CARROTS / CREAMED SPINACH & CORN
SOUTHERN-STYLE BISCUIT / ASSORTED DINNER ROLLS
ANGEL FOOD CAKE/PINEAPPLE SAUCE
NSA: APPLE FRUIT CRISP / MANDARIN ORANGES