DINING ROOM MENU BREAKFAST - 7:00 A.M. - 9:30 A.M. LUNCH - 11:30 A.M. - 1:00 P.M. DINNER - 4:30 P.M. - 6:00 P.M.

SUNDAY LUNCH

SPRING VEGETABLE SOUP / CREAM OF TOMATO TOSSED SALAD / LEMON COUS COUS GARBANZO BEAN PRIME RIB ROAST TURKEY SANDWICH BALSAMIC ROASTED VEGETABLE / POTATO O'BRIEN HARVARD BEETS / CAULIFLOWER QUINOA WHITE & ASSORTED DINNER ROLLS BROWNIE TRIPLE CHOCOLATE SHOT NSA: UNFROSTED YELLOW CAKE / DICED PEACHES

MONDAY LUNCH

SPRING VEGETABLE SOUP / ITALIAN WEDDING SOUP TOSSED SALAD / ORANGE GELATIN TOMATO & HERB BRAISED CHICKEN KRAB SALAD ON A CROISSANT PINTO BEANS / DIRTY RICE SLICED CARROTS / TURNIP GREENS ASSORTED DINNER ROLLS BIG TOP CUPCAKES NSA: BUTTERSCOTCH PUDDING / MANDARIN ORANGE TUESDAY LUNCH

TUESDAY LUNCH

SPRING VEGETABLE SOUP / EGG DROP SOUP TOSSED SALAD / MINTY CUCUMBER SALAD CHICKEN & BISCUITS CASSEROLE GRILLED HAM & CHEESE ON WHEAT BREAD VEGETABLE EGG ROLLS / STEAMED JASMINE RICE SOUTHERN-STYLE GREEN BEANS / VEGETARIAN LO MEIN ITALIAN HERB BISCUITS / ASSORTED DINNER ROLLS MARBLE CAKE W/ CHOCOLATE ICING NSA: UNFROSTED MARBLE CAKE / DICED MANGO

WEDNESDAY LUNCH

SPRING VEGETABLE SOUP / CHICKEN NOODLE SOUP TOSSED SALAD / SWEET POTATO SALAD MANGO GLAZED BAKED HAM HAMBURGER SLIDERS BROILED TOMATO / RANCH STYLE BEANS MASHED SWEET POTATOES / GREEN BEANS & RED PEPPERS BLUEBERRY MUFFIN / ASSORTED DINNER ROLL BREAD PUDDING WITH SAUCE NSA: RICE PUDDING / FRESH FRUIT CUP

THURSDAY LUNCH

SPRING VEGETABLE SOUP / BLACK BEAN SOUP TOSSED SALAD / COLESLAW WITH APPLES PERUVIAN BEEF STEW TUNA SALAD SANDWICH ON WHITE BREAD WHITE RICE / BAKED SWEET POTATO HONEY BRUSSELS SPROUT / CREAMED PEAS HOUSE BAKED SOURDOUGH / ASSORTED DINNER ROLL **BLUEBERRY COBBLER** NSA: MIXED BERRIES / PEACH SLICES FRIDAY LUNCH SPRING VEGETABLE / CHICKEN & SHRIMP GUMBO TOSSED SALAD / POTATO SALAD MEAT LASAGNA EGG SALAD FRUIT PLATTER FRIED GREEN TOMATOES / HASH BROWN CASSEROLE YELLOW RICE / CORN ON COB GARLIC BREAD / ASSORTED DINNER ROLL TAPIOCA PUDDING NSA: VANILLA PUDDING / MANDARIN ORANGES SATURDAY LUNCH

SPRING VEGETABLE SOUP / FRENCH ONION SOUP TOSSED SALAD / COUS COUS AND TOMATO VEAL OSSO BUCO TURKEY CLUB SANDWICH CHIVE SCALLOPED POTATOES / WILD RICE BLEND BROCCOLI FLORETS / BALSAMIC ROASTED VEGETABLES ASSORTED DINNER ROLLS BANANA CHOCOLATE TART NSA: ANGEL FOOD CAKE / APPLE SAUCE

SPRINGWATER 2024 WEEK 4

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SUNDAY DINNER

SPRING VEGETABLE SOUP / CREAM OF TOMATO TOSSED SALAD / LEMON COUS COUS GARBANZO BEAN CHICKEN BREAST CORDON BLEU POACHED SALMON W/ HOLLANDAISE SAUCE BALSAMIC ROASTED VEGETABLE / POTATO O'BRIEN HARVARD BEETS / CAULIFLOWER QUINOA WHITE & ASSORTED DINNER ROLLS STRAWBERRY GELATIN W/ WHIPPED TOPPING NSA: STRAWBERRY GELATIN / DICED PEACHES <u>MONDAY DINNER</u>

SPRING VEGETABLE SOUP / ITALIAN WEDDING SOUP TOSSED SALAD / ORANGE GELATIN BBQ BEEF BRISKET MACADAMIA CRUSTED MAHI PINTO BEANS / DIRTY RICE SLICED CARROTS / TURNIP GREENS ASSORTED DINNER ROLLS SUGAR COOKIES

NSA: SUGAR COOKIES / MANDARIN ORANGES TUESDAY DINNER

SPRING VEGETABLE SOUP / EGG DROP SOUP TOSSED SALAD / MINTY CUCUMBER SALAD SWEET & SOUR CHICKEN BEEF TERIYAKI VEGETABLE EGG ROLLS / STEAMED JASMINE RICE SOUTHERN-STYLE GREEN BEANS / VEGETARIAN LO MEIN ITALIAN HERB BISCUITS / ASSORTED DINNER ROLLS

CUSTARD PIE

NSA: EGG CUSTARD / DICED MANGO

WEDNESDAY DINNER

SPRING VEGETABLE SOUP / CHICKEN NOODLE SOUP TOSSED SALAD / SWEET POTATO SALAD APPLE CIDER GRILLED CHICKEN BREAST VEAL PICCATA BROILED TOMATO / RANCH STYLE BEANS MASHED SWEET POTATOES / GREEN BEANS & RED PEPPERS BLUEBERRY MUFFIN / ASSORTED DINNER ROLL CHERRY PIE

NSA: CHERRY PIE / FRESH FRUIT CUP

THURSDAY DINNER

SPRING VEGETABLE SOUP / BLACK BEAN SOUP TOSSED SALAD / COLESLAW WITH APPLES GARDEN QUICHE ASIAN CITRUS GLAZED SALMON PATTY WHITE RICE / BAKED SWEET POTATO HONEY BRUSSELS SPROUT / CREAMED PEAS HOUSE BAKED SOURDOUGH / ASSORTED DINNER ROLL VANILLA ICE CREAM NSA: VANILLA ICE CREAM / PEACH SLICES FRIDAY DINNER SPRING VEGETABLE / CHICKEN & SHRIMP GUMBO TOSSED SALAD / CAESAR SIDE SALAD COCONUT SHRIMP

COCONUT SHRIMP GRILLED CHICKEN BREAST FRIED GREEN TOMATOES / HASH BROWN CASSEROLE YELLOW RICE / CORN ON COB GARLIC BREAD / ASSORTED DINNER ROLL CHOCOLATE BROWNIES WITH M&M NSA: TURTLE BROWNIE / MANDARIN ORANGES

SATURDAY DINNER

SPRING VEGETABLE SOUP / FRENCH ONION SOUP TOSSED SALAD / COUS COUS AND TOMATO CHICKEN BREAST MARSALA LASAGNA

CHIVE SCALLOPED POTATOES / WILD RICE BLEND BROCCOLI FLORETS / BALSAMIC ROASTED VEGETABLES ASSORTED DINNER ROLLS STRAWBERRY GELATIN W/ WHIPPED TOPPING NSA: JELLO W/DIET WHIPPED CREAM / APPLE SAUCE