

# MARCH SPIRITUAL WELLNESS NEWSLETTER

## Because I Said So...

My wife and I took 7 kids to the beach a while ago – 3 of which were not our own. We also brought along our family dog, so needless to say it was an active time! No matter how gifted one is at parenting, it is challenging to keep absolute order when it comes to children. Often, I find myself explaining things repeatedly...answering the same questions, giving warnings, and so on. The truth is, with some children, explanations don't always work. In these cases, I tend to resort to a firm, "*Because I said so!*"

For example, the group we took to the beach decided to have a sand ball fight. I asked them not to...*because I said so*, but they continued with it anyway when my back was turned. And wouldn't you know it, somebody got hurt! One of the children was hit directly in the eye with a big ball of packed wet sand, packed hard too, so it hurt! When the drama of the incident settled down, we loaded up the crew and safely returned home. We took the injured little sand soldier home and flushed out the eye...looked painful, for it had to be forced out by a syringe.

So, what is your point Chaplain Robert? My point is this: Sometimes God tells us the very same thing, "*Because I said so...!*" We can roll our eyes, disagree, rationalize things, and find all the loop holes we want, but ultimately it is for our own good.

Consider the Ten Commandments given to us by God. They were given in love, and for our own good. Sometimes we may question them or try to explain them away. We ask God, "*Why can't I do this or that?*" He answers us in a gentle loving voice, "It is because I said so my child, and it is for your own good."

*Oh, my wife wanted you to know it wasn't one of ours who threw the sand ball. 😊*

**LET US NOT PRAY TO  
BE SHELTERED  
FROM DANGERS,  
BUT TO BE  
FEARLESS WHEN  
FACING THEM.**

RABINDRANATH TAGORE

## Sermon Schedule:

3/3 – Pastor Cynthia  
3/10 – Chaplain Robert  
3/17 – Pastor Jack Clark  
3/24 – Pastor Cynthia  
3/31 Chaplain Robert

We in the Spiritual  
Wellness Dept. want you  
to know that we are  
available for you 24/7

Chaplain Robert's cell  
number for emergencies  
is: 407-625-1170

## WATERMAN VILLAGE

Spiritual Wellness Dept.

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Hoping only the best for you  
and yours