

Brain Wellness Class

with Dawn Adler

Friday, April 17th



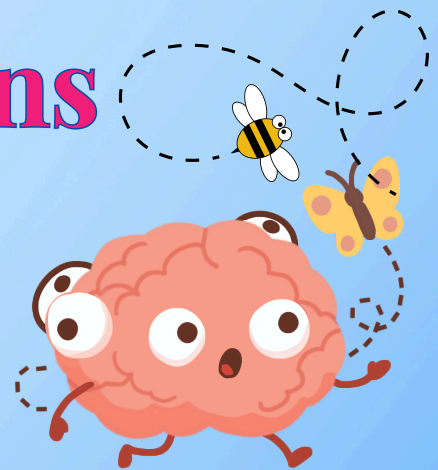
Attention: The First Stage Of Memory and How To Deal With Distractions



Friday, April 17th

10 AM

Lakeside Game Room



Sign up for the class in the Activities Binder at
Lakeside or call ext 354 to be added to the list.