

DINING ROOM MENU

BREAKFAST - 7:00 A.M. - 9:30 A.M.

LUNCH - 11:30 A.M. - 1:00 P.M.

DINNER - 4:30 P.M. - 6:00 P.M.

BRIDGEWATER 2024

WEEK 1

March 24th - 30th

SUNDAY LUNCH

SPRING VEGETABLE SOUP / SPLIT PEA SOUP
TOSSED SALAD / TUSCAN WHITE BEAN
HERB GRILLED SALMON
HAM & CHEESE ON CROISSANT
CHEESE GRITS / BAKED SWEET POTATO
GRILLED BALSAMIC ZUCCHINI / APPLE GLAZED CARROTS
ROSEMARY CORN BREAD MUFFINS
BANANA NUTELLA TRIFLE
NSA: TURTLE BROWNIE / APRICOT HALVES

SUNDAY DINNER

SPRING VEGETABLE SOUP / SPLIT PEA SOUP
TOSSED SALAD / TUSCAN WHITE BEAN
PRIME RIB
CHICKEN CACCIATORE
CHEESE GRITS / BAKED SWEET POTATO
GRILLED BALSAMIC ZUCCHINI / APPLE GLAZED CARROTS
ROSEMARY CORN BREAD MUFFINS
STRAWBERRY ICE CREAM
NSA: DIET STRAWBERRY ICE CREAM / APRICOT HALVES

MONDAY LUNCH

SPRING VEGETABLE SOUP / CHILI CON CARNE SOUP
TOSSED SALAD / BROCCOLI GARBANZO BEAN
STUFFED SHELLS WITH MARINARA SAUCE
ROAST BEEF SANDWICH ON WHITE
WHITE RICE / GARLIC ROASTED POTATO WEDGES
GREEN PEAS / BAKED ACORN SQUASH
BREADSTICKS / ASSORTED ROLLS
LEMON MERINGUE PIE
NSA: LEMON PUDDING / MANDARIN ORANGES

MONDAY DINNER

SPRING VEGETABLE SOUP / CHILI CON CARNE SOUP
TOSSED SALAD / BROCCOLI GARBANZO BEAN
ROTISSERIE STYLE CHICKEN
PARMESAN CRUSTED TILAPIA
WHITE RICE / GARLIC ROASTED POTATO WEDGES
GREEN PEAS / BAKED ACORN SQUASH
BREADSTICKS / ASSORTED ROLLS
PEACHES & CREAM YOGURT PARFAIT
NSA: PEACH PARFAIT / MANDARIN ORANGES

TUESDAY LUNCH

SPRING VEGETABLE SOUP / CANADIAN CHEESE SOUP
TOSSED SALAD / TOMATO, ONION, AND GREEN PEPPER
BAKED CHICKEN TENDERS
TRIPLE SALAD COLD PLATE
DIJON ROASTED POTATOES / EGG NOODLES
LEMON GARLIC BROCCOLINI / PERI PERI CAULIFLOWER
ASSORTED DINNER ROLLS
CHOCOLATE TART
NSA: CHOCOLATE PUDDING / APPLESAUCE

TUESDAY DINNER

SPRING VEGETABLE SOUP / CANADIAN CHEESE SOUP
TOSSED SALAD / TOMATO, ONION, AND GREEN PEPPER
BRUNSWICK STEW
BOURBON GLAZED SALMON
DIJON ROASTED POTATOES / EGG NOODLES
LEMON GARLIC BROCCOLINI / PERI PERI CAULIFLOWER
ASSORTED DINNER ROLLS
WHITE CAKE WITH BERRIES
NSA: WHITE CAKE WITH BERRIES / APPLESAUCE

WEDNESDAY LUNCH

SPRING VEGETABLE SOUP / CREAM OF TOMATO
TOSSED SALAD / HEARTS OF PALM CEVICHE
GRILL CHICKEN W/ CHERRY BOURBON BBQ
GRILLED CHEESE SANDWICH ON WHEAT BREAD
OLD FASHION MAC & CHEESE / PARSLEY BOILED POTATOES
FARMERS MARKET VEGETABLE MEDLEY / CABBAGE WEDGE
BLUEBERRY SOUR CREAM MUFFINS / ASSORTED ROLLS
SEVEN-LAYER DESSERT BAR
NSA: DIET VANILLA ICE CREAM / FRESH FRUIT CUP

WEDNESDAY DINNER

SPRING VEGETABLE SOUP / CREAM OF TOMATO
TOSSED SALAD / HEARTS OF PALM CEVICHE
CORNED BEEF
EGG SALAD FRUIT PLATE
OLD FASHION MAC & CHEESE / PARSLEY BOILED POTATOES
FARMERS MARKET VEGETABLE MEDLEY / CABBAGE WEDGE
BLUEBERRY SOUR CREAM MUFFINS / ASSORTED ROLLS
RICE PUDDING
NSA: DIET RICE PUDDING / DICED MANGO

THURSDAY LUNCH

SPRING VEGETABLE SOUP / CARROT & GINGER SOUP
TOSSED SALAD / FRUITED GELATIN SALAD
PORK CUTLET SCHNITZEL
TUNA SALAD SANDWICH ON WHITE BREAD
WHIPPED FRESH POTATOES / STEAMED WHITE RICE
MAPLE CARROTS / GREEN BEANS PROVENCAL
ASSORTED DINNER ROLL
KEY LIME PIE
NSA: DIET VANILLE MOUSSE / APRICOTS

THURSDAY DINNER

SPRING VEGETABLE SOUP / CARROT & GINGER SOUP
TOSSED SALAD / FRUITED GELATIN SALAD
ROAST TURKEY WITH GRAVY / SAGE DRESSING
STUFFED CABBAGE ROLL
WHIPPED FRESH POTATOES / STEAMED WHITE RICE
MAPLE CARROTS / GREEN BEANS PROVENCAL
ASSORTED DINNER ROLL
ICE CREAM
NSA: DIET ICE CREAM / APRICOTS

FRIDAY LUNCH

SPRING VEGETABLE / SEAFOOD GUMBO SOUP
TOSSED SALAD / CAESAR SALAD
VEAL PARMESAN
CHICKEN SALAD SANDWICH
BASIL ORZO / MESQUITE SPICED ROASTED POTATOES
BRUSSELS SPROUT / FIVE SPICED ROASTED VEGETABLES
GARLIC BREAD / ASSORTED DINNER ROLL
CHERRY PIE
NSA: DIET CHERRY PIE / DICED MANGO

FRIDAY DINNER

SPRING VEGETABLE / SEAFOOD GUMBO SOUP
TOSSED SALAD / CAESAR SALAD
BBQ PORK RIBS
BAKED STUFFED SOLE
BASIL ORZO / MESQUITE SPICED ROASTED POTATOES
BRUSSELS SPROUT / FIVE SPICED ROASTED VEGETABLES
GARLIC BREAD / ASSORTED DINNER ROLL
SUGAR COOKIE
NSA: DIET COOKIES / DICED MANGO

SATURDAY LUNCH

SPRING VEGETABLE SOUP / POTATO LEEK SOUP
TOSSED SALAD / MARINATED MUSHROOM SALAD
CHICKEN PICCATA
FRUIT & COTTAGE CHEESE PLATE
GOLDEN RICE PILAF / OREGANO ROASTED FINGERLING
POTATOES
BAJA ROASTED VEGETABLES / BROCCOLI FLORETS
BANANA MUFFINS / ASSORTED DINNER ROLLS
CHOCOLATE CHERRY BREAD PUDDING
NSA: LEMON CHEESECAKE BAR / DICED PEARS

SATURDAY DINNER

SPRING VEGETABLE SOUP / POTATO LEEK SOUP
TOSSED SALAD / MARINATED MUSHROOM SALAD
TOP ROUND
TEQUILA SHRIMP
GOLDEN RICE PILAF / OREGANO ROASTED FINGERLING
POTATOES
BAJA ROASTED VEGETABLES / BROCCOLI FLORETS
BANANA MUFFINS / ASSORTED DINNER ROLLS
VANILLA MOUSSE
NSA: DIET VANILLA MOUSSE / DICED PEARS