

Lung Nodule Clinic

at AdventHealth Waterman



AdventHealth
feel whole.



The Fast Track to Lifesaving Lung Care

The AdventHealth Lung Nodule Clinic is a comprehensive lung-care program specializing in delivering an expedited pathway for treatment of masses or nodules in the lungs. The clinic features diagnostic services designed to determine if the condition is cancerous, what the treatment options are and how to get the necessary follow-up care required.

Who is eligible?

- Patient's chest radiograph or computed tomography (CT) scan reveals an abnormal finding in the lungs and a pulmonary specialist consult is needed.
- Patients under the care of an oncologist or pulmonary physician need an abnormal mass or nodule in the lung biopsied via surgery, a CT-guided procedure or bronchoscopy.
- Patient is a current or former smoker and would like to obtain screening for lung cancer and/or help with smoking cessation.

Low-Dose Computed Tomography (LDCT) Screening

LDCT screening provides a very precise view of your lungs to help find any abnormalities. Eligibility requirements include:

- Are between the ages of 50 and 77
- Currently smoke or quit smoking within the last 15 years
- Have a **20-pack year smoking history**, defined as follows:
 - 1 pack/day for 1 year = 1 pack-year
 - 1 pack/day for 20 years = 20 pack-years
 - 2 packs/day for 10 years = 20 pack-years

Screenings are typically covered by insurance if patients meet criteria, but this may differ by insurance provider. For patients who meet the screening criteria but may not be covered by insurance, you may be eligible for the self-pay rate for the LDCT screening, which is \$150. Talk to our navigator to learn if you qualify for a screening.

Diagnosis

If you are diagnosed with a lung malignancy, our team is equipped to provide exceptional follow-up care. With a multidisciplinary team of pulmonologists, oncologists and surgeons, rest assured that each case is reviewed by multiple specialties to develop a tailored treatment plan for each individual. If detected early, many conditions are treatable.

**To schedule an appointment,
call 352-508-8815 or visit
LungHealthProgram.com to learn more.**



AdventHealth

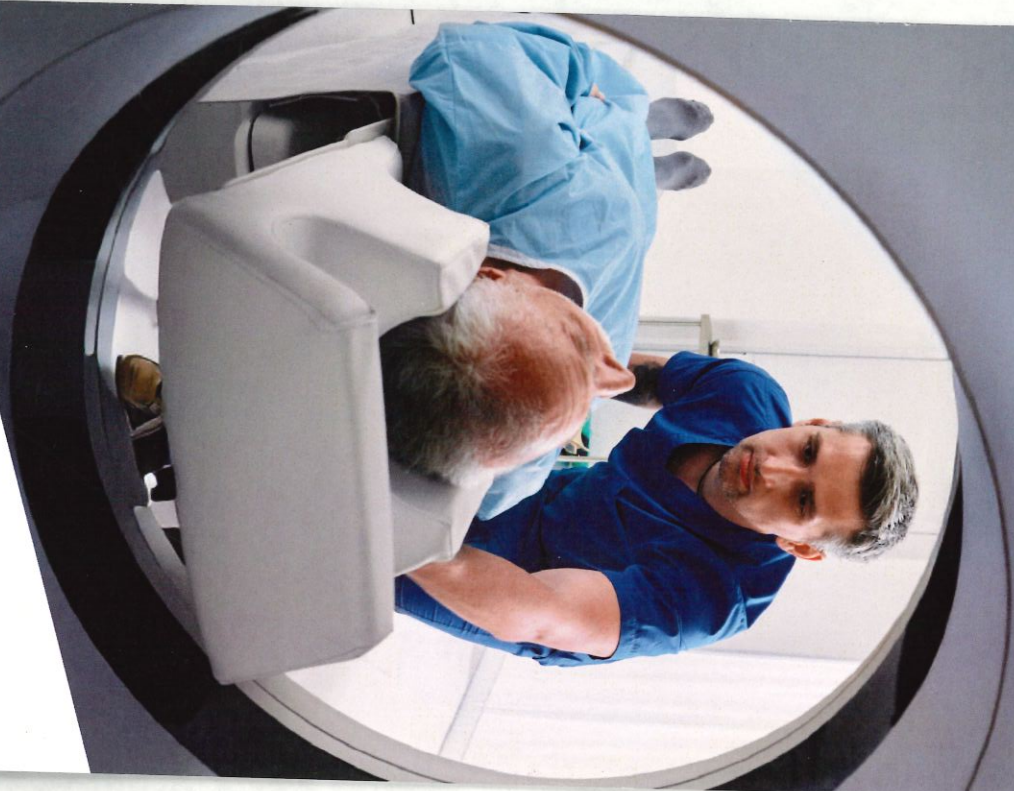
AdventHealth Waterman
352-508-8815
LungHealthProgram.com

AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-3025.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nùmevo ki anba an 407-303-3025.

Comprehensive Lung Care



 **AdventHealth**

Breathe easier with comprehensive lung care.

At AdventHealth Waterman, we know that early detection and expert care can make all the difference. That's why our lung health program offers a full range of services to protect and treat your respiratory conditions with advanced technology and compassionate support.

ARE YOU AT RISK FOR LUNG CANCER?

Risk factors include:

- Active or passive smoking
- Exposure to radon, asbestos or other environmental hazards
- A history of lung disease like emphysema
- A family history of lung cancer

Recognize the symptoms.

- Persistent cough or wheezing
- Shortness of breath
- Coughing up blood
- Hoarseness
- Fatigue or unexplained weight loss



YOUR LUNG HEALTH EXPERTS



**Francis Christian,
MD, DABSM**



**Rosemary Cirelli,
MD, FCCP**



**Alaa Iskandar,
MD**



**Shivam Kharod,
MD**



**Frank J Montoya,
MD**



**Terry Olivas,
MD**



**J. Ryan Schroeder,
MD, FCCP**



**Janet Moore,
RN, BSN**



For more information about
our lung health program at
AdventHealth Waterman,
call 352-508-8815 or visit
LungHealthProgram.com.




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Waterman

AdventHealth Waterman
1000 Waterman Way | Tavares, FL 32778
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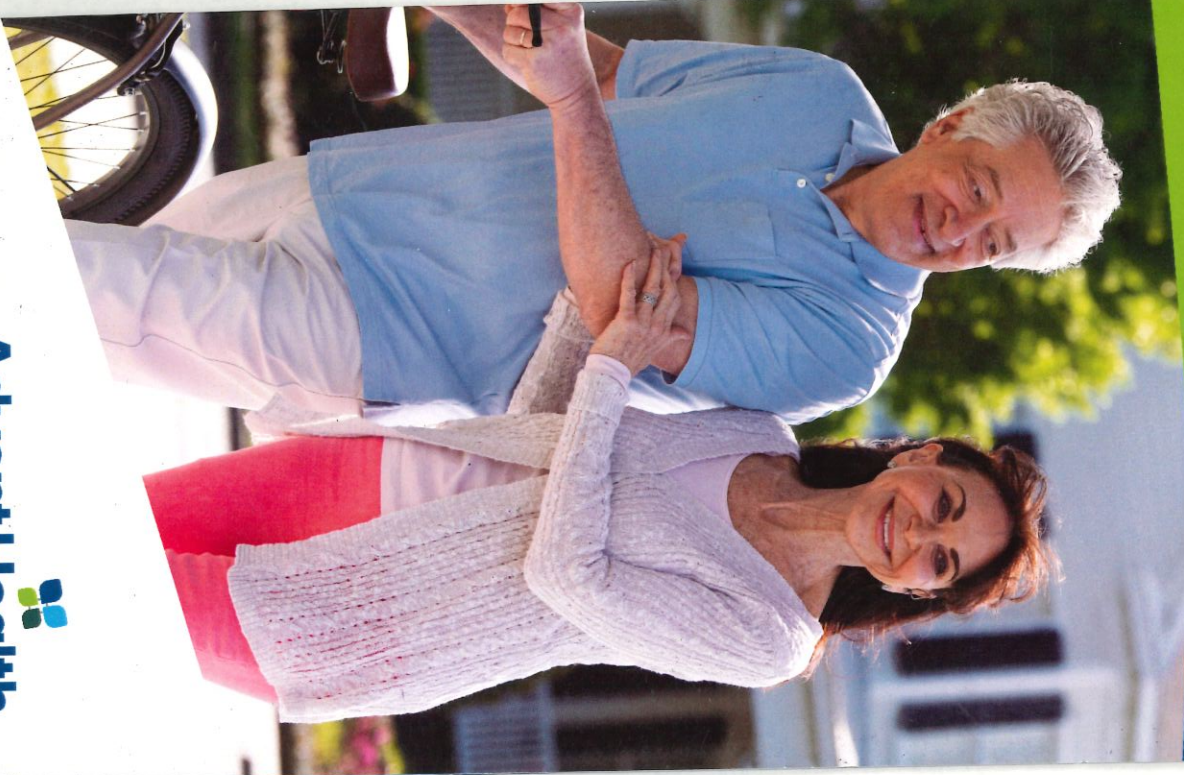
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ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-5600.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 407-303-5600.

Comprehensive Heart Care

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Your National Care Network

AdventHealth

AdventHealth Waterman

1000 Waterman Way
Tavares, FL 32778
352-253-3333

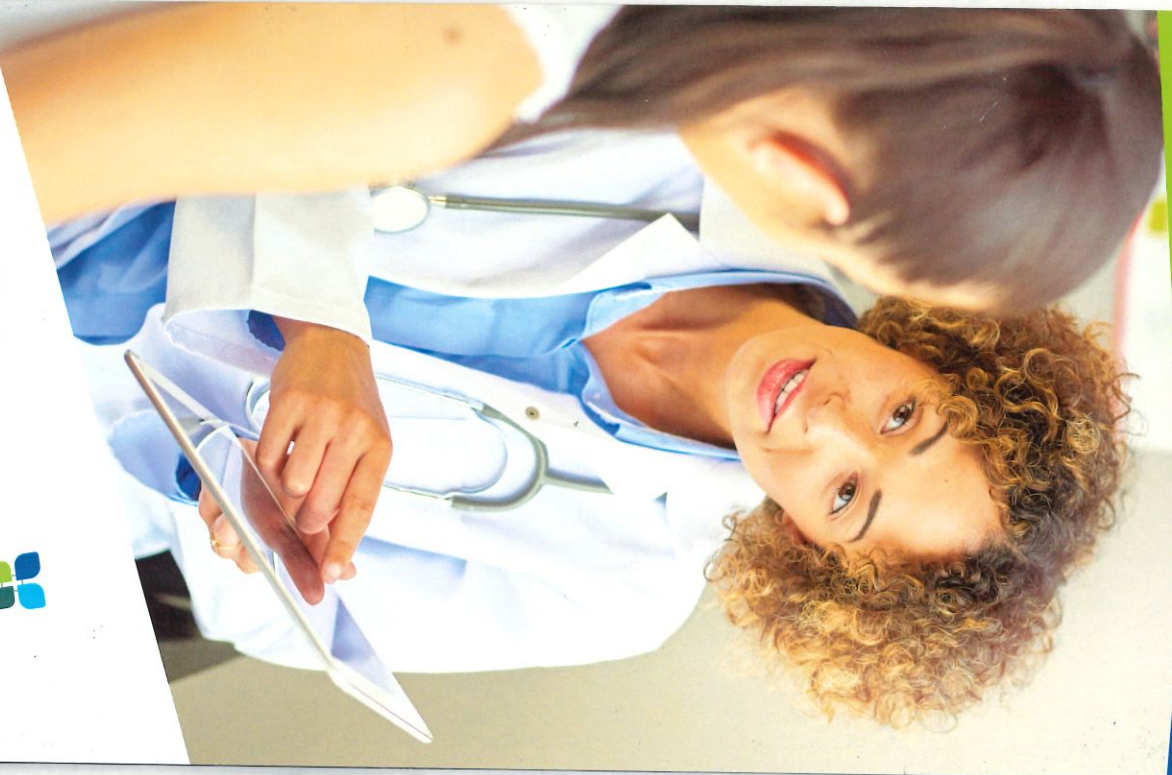
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Cancer Care

at AdventHealth Waterman



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AdventHealth Waterman
Cancer Institute
4000 Waterman Way
Tavares, FL 32778
352-253-3600

AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-5600.

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Robotic Surgical Services

at AdventHealth Waterman

Minimally Invasive Surgery for a Faster Recovery

Our surgical team offers a wide range of complex surgical services using the da Vinci® Surgical System. This advanced technology allows our surgeons to perform more precise movements during surgery using tiny instruments. Robotic-assisted surgery can greatly reduce your recovery time.



AdventHealth

Benefits of Robotic-Assisted Surgery

The da Vinci® Surgical System provides surgeons with a magnified, high-definition, three-dimensional view of the surgical area.

Micro-instruments controlled through tiny incisions increase precision that results in:

- Decreased length of hospital stay
- Less scarring
- Reduction in post-surgical pain
- Shorter recovery time

Comprehensive Robotics Services

We offer robotic surgical services for the following:

General Surgery

- Appendix
- Gallbladder
- Hernia repair
- and more

Colorectal

Gynecology

- Hysterectomy

Urology

Facing surgery can be daunting and stressful. We work hard to make sure you're informed and comfortable throughout your treatment and recovery.

For more information, visit
AdventHealthWatermanSurgery.com.



Inpatient Rehabilitation




Kami Strong, MD

Board-Certified Inpatient Rehabilitation Provider


AdventHealth
Medical Group

AdventHealth.com



Kami Strong, MD, is board-certified in physical medicine, rehabilitation, and sports medicine. Before joining AdventHealth, she served as medical director for the acute inpatient rehabilitation unit at Indiana's Franciscan Health-Crown Point and Franciscan Health-Hammond, as well as Franciscan Health COVID Long Haulers Rehabilitation Program in Hammond/Crown Point. She previously was medical director at First Choice Occupational Health Clinic in Chicago, IL. Dr. Strong is a member of the American Academy of Physical Medicine and Rehabilitation.

Profile

- Fellowship, Sports Medicine Rehabilitation, University of Illinois at Chicago, Chicago, IL
- Residency, Physical Medicine and Rehabilitation, Schwab Rehabilitation Hospital Chicago, IL
- Medical Degree, University of Chicago, Chicago, IL

Specialties

- General medical care
- Coordinate inpatient care
- Sports medicine
- Rehabilitation
- Injuries of the brain, spinal cord, bones, joints, ligaments, muscles and tendons

Kami.Strong@AdventHealth.com

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