

# Resident & Employee **WALKING CLUB**

Join the  
**Wellness Department &  
Committee Members**  
every  
**Tuesday & Thursday!**  
(WEATHER PERMITTING)

**STARTS NOV 4<sup>TH</sup>**



## **TUESDAYS**

MEET AT 8:15AM  
AT THE LODGE  
ENTRANCE,  
OAKSIDE

## **THURSDAYS**

MEET AT 8:15AM  
TRAILHEAD BY  
THE POOL,  
LAKESIDE

*Lace up your sneakers  
and join us on our  
community walking paths.  
Walk at your own pace,  
come and go as you  
please. Pets welcome.*



**WELLNESS DEPARTMENT:**  
352-383-0051 EXT. 304 & 509

**TRACY HARRIS, DIRECTOR:**  
[WELLNESS@WATERMANVILLAGE.COM](mailto:WELLNESS@WATERMANVILLAGE.COM)

**KELLY WADE, ASSISTANT:**  
[WELLNESS2@WATERMANVILLAGE.COM](mailto:WELLNESS2@WATERMANVILLAGE.COM)

## **NOVEMBER – FEBRUARY**