

## Tacos

served with your choice of flour or corn tortillas and one side

Chicken

\$10.50

Grilled or blackened chicken served with lettuce, tomato, sour cream and cheese

Fish

\$12.50

Pan-seared or battered and deep-fried white fish served with cabbage slaw and grilled pineapple

Ground Beef

\$10.50

Taco-seasoned ground beef with lettuce, tomato, sour cream and cheese

Roasted Chickpea

\$10.50

Taco-seasoned chickpeas served with cabbage slaw, avocado and cheese

## Entrees

served with your choice of two sides

Chicken

\$11.00

Grilled chicken breast or fried chicken tenders

Pan-seared Salmon or White Fish \$12.50

Salmon or white fish seared with your choice of blackening spices or lemon and herb.

Pasta

\$10.00

Spaghetti served with your choice of marinara or alfredo sauce and your choice of meatballs or grilled chicken

Salisbury Steak

\$11.00

Traditional Salisbury steak topped with onion gravy

## Burgers and Sandwiches

served with your choice of one side

Chicken Wrap

\$10.50

Your choice of grilled or fried chicken or falafel with lettuce, tomato, cheese and your choice of dipping sauce

Burger

\$10.00

Your choice of beef or black bean patty with American, Swiss or Cheddar cheese. Served with lettuce, tomato, onion and pickle.

Club Sandwich

\$10.50

Your choice of bread toasted with ham, turkey, bacon, lettuce, tomato and mayonnaise.

Grilled Cheese

\$10.00

Your choice of bread toasted and griddled with American and cheddar cheese.

Sides

Additional sides \$2 extra

**Baked Sweet Potato** 

**Baked Potato** 

Spinach

Carrots

Fries

Tater Tots

Mashed Potatoes

Broccoli

Asparagus

Gluten-free burger buns and bread available upon request.