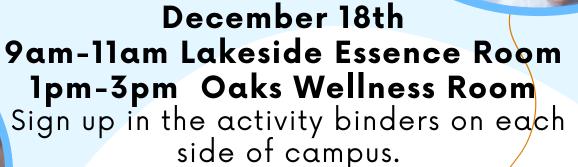
WELLNESS CLINIC QUARTER 4

Join us Quarterly for a quick wellness update. Status will be saved each quarter to compare and see progress/decline. You will also receive data to compare with others in your age bracket. If you attend 3 of the 4 quarterly clinics you will get a REWARD!



CLINIC TO INCLUDE:

- ✓ Overall Strength
- ✓ Blood pressure/weight
- Fine Motor Coordination
- ✓ Balance/Coordination
- Swallowing/cognition

Event hosted by Home and Community Services -Collaboration with Wellness, Outpatient Therapy and Home Health Services