

# Walker Check-Up Day at the Outpatient Clinic!



Is your walker  
the right height  
for you?

**FREE** for all  
residents

*An improperly adjusted walker can lead to poor posture, discomfort, and even increase your risk of falls.*

**Our therapy team will:**

- Make sure your walker is adjusted to the correct height
- Check for worn-out grips, wheels, and brakes
- Offer simple tips to make walking safer and easier
- Answer any mobility-related questions you may have

**No appointment needed — just stop by with your walker!**  
**Let's make sure you're walking safely and comfortably.**



**November 20<sup>th</sup>**  
**from 2:00-4:00pm**



**Where:**  
**Outpatient Therapy**

**130 Waterman Ave**  
**Suite B**