

Waterman Village Bartender

What if the pressure you feel every day isn't holding you back but pushing you forward?

In The 5 Laws of Tension, Kasali Lwali reveals how life's pressures can become powerful forces for growth, discipline, and success.

This book is the blueprint for mental strength, personal growth and self-mastery.



Wednesday, May 14



1:00 PM - 2:30 PM

Chapel (GLH)

Don't miss this opportunity to talk with Kasali and hear about his fascinating book.

The 5 Laws of Tension

Open to all residents and staff!

> How Pressure Shapes Growth, Success, and Self-Mastery

PHILIPPIN

Kasali Lwali