
To learn more about our
primary care services,
scan the QR code.



*Serving Lake, Marion,
and Sumter counties.*

UFHealth
MEDICAL GROUP
PRIMARY CARE

UFH-2025-0118

UFHealth
MEDICAL GROUP
PRIMARY CARE





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*Choosing UF Health Medical Group
Primary Care means choosing
exceptional care, personalized attention,
and innovative solutions. Our dedicated
team of experienced professionals is
committed to providing comprehensive,
patient-centered care.*

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Comprehensive Care

We believe everyone should have the option to live a healthy and active lifestyle. That's why we have assembled a team of highly qualified providers and specialists to get you back to the life you love.

UF Health prioritizes seamless coordination across specialties, advanced treatment options, and continuous patient support, making us the trusted choice for your health care journey. Experience the difference with UF Health Medical Group Primary Care, where your health and well-being are our top priority.



Our board-certified primary care specialists within the UF Health Medical Group assist patients in preserving, improving, or regaining their health, fostering confidence in their ability to

Primary care providers play a significant role in preventive health care, which is **vital** for early detection and management of potential health issues. Regular check-ups and screenings help to **identify risk factors** and early signs of diseases, which may lead to more timely interventions and better potential outcomes.



Primary care services include

- ✓ Acute illness care, including colds, flu, and respiratory infections
- ✓ Adult preventive care
- ✓ Chronic disease management, including diabetes, hypertension, heart disease, asthma, and COPD
- ✓ Geriatric care
- ✓ Immunizations
- ✓ Routine physicals and wellness exams
- ✓ Routine screenings
- ✓ Treatment of minor injuries

Primary Care



Alfredo J. Farinas, MD
Internal Medicine

UFHealth
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PRIMARY CARE

Alfredo J. Farinas, MD, is an internal medicine physician at UF Health Medical Group Primary Care. He is dedicated to developing lasting relationships with his patients and making their health his priority. Dr. Farinas believes preventive care and the management of chronic conditions are key to a patient's long-term health goals.

He has been caring for patients in the Mount Dora area for more than 30 years and is proud to continue that legacy with UF Health. He is devoted to enhancing lives through tailored and thorough medical care, while nurturing trust and cooperation with his patients. His decision to specialize in internal medicine stems from a genuine commitment to positively impact individuals and communities.

Outside of his medical practice, Dr. Farinas enjoys spending time on his boat with his wife and two daughters.

SERVICES

- Adult preventative care
- Acute illness care, including colds, flu, and respiratory infections
- Chronic disease management, including diabetes, hypertension, heart disease, asthma, and COPD
- Geriatric care
- Immunizations
- Routine physicals and wellness exams
- Routine screenings
- Treatment of minor injuries

CERTIFICATIONS

Board-Certified Internal Medicine

EDUCATION

Medical Degree:

Superior Institute of Medical Sciences, Villa Clara, Cuba

Residency:

Jewish Hospital, Cincinnati, OH

ADDITIONAL ROLES

Regional Medical Director of Primary Care



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UFH-2024-0418

Proudly serving Lake, Marion, and Sumter counties.
To make an appointment, please contact us at **352.720.7980.**